NOVEMBER 2026 PROGRAMS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	**2**	**3**	4	**5**	**6**	**7**
11:00 Move to the Beat with Sabra -SH 2:00 Arts & Crafts Club -GR 7:00 Netflix Series The Crown - L	10:00 Coffee Club 11:00 **Hearing and Dental Information Session -SH** 12:00 **Monthly Meditation - SH** 1:00 Board & Card Games-L 1:30 Creative Arts-CAS 2:00 Mobility in Motion-SH	11:15 Balance & Stability-SH 1:30 **Guest Speaker: Holocaust Survivor, Reny Friedman -SH** 2:30 Challenge & Cheer w/Merle -L 7:00 Sing A Long – L	 10:30 Choir -SH 1:00 Therapeutic Yoga-SH 3:30 Board & Card Games-L	10:00 Coffee Club 10:30 Shopping Bus – No frills 2:00 Challenge & Cheer w/Merle -L 4:00 Balance & Stability-SH 7:00 Bingo - SH	 11:00 **Sip & Stitch - L** 3:30 Board & Card Games-L Shabbat Candle Lighting – 4:44	 9:00 Shabbat Service -SH 2:00 Movie Moments -SH 5:45 Havdalah Service -GR
8	**9**	**10**	**11 Remembrance Day**	**12**	**13**	**14**
11:00 Move to the Beat with Sabra -SH 2:00 Arts & Crafts Club -GR 7:00 Netflix Series The Crown - L	10:00 Coffee Club 1:00 Board & Card Games-L 1:30 Creative Arts-CAS 2:00 Mobility in Motion-SH 7:00 **Senior Safety Technology Fair -SH**	11:15 Balance & Stability-SH 1:00pm **Intergenerational Program with Associated -SH** 2:30 Challenge & Cheer w/Merle -L 5:30 Men's Club - SH 7:00 Sing A Long – L	10:30 Choir -SH 1:00 Therapeutic Yoga-SH 3:30 Board & Card Games-L 7:00 **Guest Speaker: Gary Clewly – SH** **Topic: *"Anti-Semitism. Why Has it Increased and What do We do about it?"***	10:00 Coffee Club 10:30 Shopping Bus – Metro 2:00 Challenge & Cheer w/Merle -L 4:00 Balance & Stability-SH 7:00 **Entertainment with Marcus -SH**	11:00 **Sip & Stitch - L** 1:00 Music Appreciation w/Charles – SH 3:30 Board & Card Games-L Shabbat Candle Lighting – 4:36	 9:00 Shabbat Service –SH 2:00 Movie Moments -SH 5:38 Havdalah Service -GR
15	**16**	**17**	**18**	**19**	**20**	**21**
11:00 Move to the Beat with Sabra -SH 2:00 Arts & Crafts Club -GR 7:00 Netflix Series The Crown - L	10:00 Coffee Club  **10:30 to 3:00** **Wellness Clinic – SH** 1:00 Board & Card Games-L 2:00 Mobility in Motion-FR 7:00 **Yiddish Folk Songs - SH**	11:15 Balance & Stability-SH 1:30 **ShinShinim Program-SH** 2:30 Challenge & Cheer w/Merle -L 7:00 Sing A Long – L	10:30 Choir -SH 1:00 Therapeutic Yoga-SH 3:00 **Art Program with Meghan Richardson - SH** **Theme: Cottage landscapes, and the Group of Seven influence.** 7:00 Yiddish Club-GR	10:00 Coffee Club 10:30 Shopping Bus – No Frills 2:00 Challenge & Cheer w/Merle -L 4:00 Balance & Stability-SH 7:00 Bingo - SH	11:00 **Sip & Stitch - L** 1:00 Music Appreciation w/Charles – SH 3:30 Board & Card Games-L Shabbat Candle Lighting – 4:30	 9:00 Shabbat Service -SH 2:00 Movie Moments -SH 5:33 Havdalah Service -GR

Two Neptune Drive
By Baycrest

REUBEN CIPIN
Healthy Living Community

NOVEMBER 2026 PROGRAMS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22	**23**	**24**	**25**	**26**	**27**	**28**
11:00 Move to the Beat with Sabra -SH 2:00 Bingo - SH 2:00 Arts & Crafts Club -GR 7:00 Netflix Series The Crown - L	10:00 Coffee Club 1:00 Board & Card Games-L 1:30 Creative Arts-CAS 2:00 Mobility in Motion-SH	11:15 Balance & Stability-SH  2:00 **Community Social Falling into Friendship -SH** 5:30 Men's Club - SH 7:00 Sing A Long – L	10:30 Choir -SH 1:00 Therapeutic Yoga-SH 3:30 Board & Card Games-L	10:00 Coffee Club 10:30 Shopping Bus – Fotino's 2:00 Challenge & Cheer w/Merle -L 4:00 Balance & Stability-SH 7:00 Bingo - SH	11:00 **Stitch & Sip - L** 1:00 Music Appreciation w/Charles – SH 3:30 Board & Card Games-L Shabbat Candle Lighting – 4:25	9:00 Shabbat Service -SH 2:00 Movie Moments -SH 5:30 Havdalah Service -GR
29	**30**	"November reminds us to find beauty in the little things, gratitude in the ordinary, and warmth in the simplest moments"		**Contact Information:**		
11:00 Move to the Beat with Sabra -SH 2:00 Bingo - SH 2:00 Arts & Crafts Club -GR 7:00 Netflix Series The Crown - L	10:00 Coffee Club **Outing to Promenade Mall 11:30am to 4:00pm** 1:00 Board & Card Games-L 1:30 Creative Arts-CAS 2:00 Mobility in Motion--SH 7:00 **Yiddish Folk Songs - SH**			**Elaine Ross** Marketing & Sales Coordinator 416-785-2500 ext. 3414 eross@baycrest.org **Security** 437-875-8746		

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