



# May 2026: Two Neptune Drive Programs

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Contact Information:</b></p> <p><b>Elaine Ross</b> 416-785-2500 ext. 3414</p> <p><b>Security</b> 437-875-8746</p>			 <p><b>The flowers bloom, the skies are clear, May's joyful spirit lingers here. With every smile and friendly stay, There's beauty growing day by day.</b></p>		<p><b>1</b></p> <p>10:00 Exercise w/Colin-SH 1:00 Music Appreciation w/Charles – SH 2:15 <b>Shabbat Concert -SH Senior Kindergarten class from Associated</b> Shabbat Candle Lighting – 8:02</p>	<p><b>2</b></p> <p>9:00 Shabbat Services-SH 2:00 Movie Matinee w/Stan 9:09 Havdalah Service -GR 7:00 <b>Movie Night – L 'Crazy Rich Asians'</b> (Comedy)</p>
<b>3</b>	<b>4</b>	<b>5 Lag B'Omer</b>			<b>6</b>	<b>7</b>
<p>11:00 Barre Exercise - SH</p> <p>2:00 Bingo - SH</p> <p>7:00 Board/Card Games-L</p>	<p>10:00 Coffee Club 12:00 <b>Meditation with David</b></p> <p>1:00 Board &amp; Card Games-L 1:30 Express w/colour-CAS 2:00 Exercise w/Colin - SH</p>	<p>11:15 Balance &amp; Stability-SH 2:00 <b>Fun &amp; Games w/Merle -L</b></p> <p>5:30 Men's Club -SH 7:00 Karaoke – L</p>	<p>10:30 Choir-SH 1:00 Therapeutic Yoga-SH 3:30 Board &amp; Card Games-L</p> <p>7:00 <b>2 Neptune Choir – Workshop – SH</b> 7:00 Yiddish Club-GR</p>	<p>10:00 Coffee Club 10:00 Shopping Bus – <b>Fortino's</b> 2:00 <b>Fun &amp; Games w/Merle -L</b></p> <p>4:00 Balance &amp; Stability-SH 7:00 Bingo - L 8:00 TV Series Colombo -L</p>	<p>10:00 Exercise w/Colin-SH</p> <p>1:00 Music Appreciation w/Charles – SH</p> <p>Shabbat Candle Lighting – 8:10</p>	<p>9:00 Shabbat Service -SH</p> <p>2:00 Movie Matinee w/Stan -SH 9:18 Havdalah Service -GR 7:00 <b>Movie Night - L 'Set it Up'</b> (Romantic Comedy)</p>
10	11	12	13	14	15	16
<p>11:00 Barre Exercise - SH</p> <p>2:00 Bingo - SH</p> <p>7:00 Board/Card Games-L</p>	<p>10:00 Coffee Club 1:00 Board &amp; Card Games-L 1:30 Express w/colour-CAS 2:00 Exercise w/Colin - SH 7:00 <b>Guest Speaker: Emma Cerutti - SH</b> <b>Topic: Spirituality of Mental Health, Disability &amp; Dementia</b></p>	<p>11:15 Balance &amp; Stability-SH 2:00 <b>Fun &amp; Games w/Merle -L</b></p> <p>5:30 Men's Club 7:00 Karaoke – L</p>	<p>10:30 Choir-SH 1:00 Therapeutic Yoga-SH 3:30 Board &amp; Card Games-L</p> <p>7:00 Yiddish Club-GR</p>	<p>10:00 Coffee Club 10:00 Shopping Bus – <b>No Frill's</b> 2:00 <b>Fun &amp; Games w/Merle -L</b></p> <p>4:00 Balance &amp; Stability-SH 7:00 Bingo - L 8:00 TV Series Colombo -L</p>	<p>10:00 Exercise w/Colin-SH</p> <p>1:00 Music Appreciation w/Charles – SH</p> <p>Shabbat Candle Lighting – 8:18</p>	<p>9:00 Shabbat Service -SH</p> <p>2:00 Movie Matinee w/Stan -SH 9:27 Havdalah Service -GR 7:00 <b>Movie Night -L</b> The Wolf of Wall Street (Docu Drama)</p>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17	18 <b>Victoria Day</b>	19	20	21 <b>Shavuot Begins</b>	22	23
11:00 Barre Exercise - SH 2:00 Bingo - SH 7:00 Board/Card Games-L	10:00 Coffee Club 	11:15 Balance & Stability-SH 1:00 <b>Guest Speaker:</b> <b>Dr. Loise</b> <b>Topic: How Movement and Music Create Brain Changes</b> 2:00 Fun & Games w/Merle -L 7:00 Karaoke – L	10:30 Choir-SH 1:00 Therapeutic Yoga-SH 3:30 Board & Card Games-L 7:00 Yiddish Club-GR	10:00 Coffee Club 10:00 Shopping Bus – <b>Metro</b> 2:00 Fun & Games w/Merle -L 4:00 Balance & Stability-SH	<b>No Programs</b>  Shabbat Candle Lighting – 8:24	9:00 Shabbat Service-SH 10:30 Yizkor  <b>No programs</b>  9:36 Havdalah Service-GR
24	25	26	27	28	29	30
11:00 Barre Exercise - SH 2:00 Bingo -SH 7:00 Board/Card Games-L	10:00 Coffee Club 1:00 Board & Card Games-L 1:30 Express w/Colour-CAS 2:00 Exercise w/Colin-SH 7:00 <b>Guest Speaker:</b> <b>Nicole Anderson - SH</b> <b>Topic: Brain Health &amp; Dementia</b>	11:15 Balance & Stability-SH 2:00 Fun & Games w/Merle - L 5:30 Men’s Club 7:00 Karaoke – L	10:30 Choir-SH 1:00 Therapeutic Yoga-SH 3:30 Board & Card Games-L 7:00 Yiddish Club-GR	10:00 Coffee Club 10:00 Shopping Bus – <b>Fortino’s</b> 2:00 Fun & Games w/Merle -L 4:00 Balance & Stability-SH 7:00 <b>Jazz Duo – Jack Steinberg &amp; Harris Lusher – SH</b>	10:00 Exercise w/Colin-SH 1:00 Music Appreciation w/Charles – SH  Shabbat Candle Lighting – 8:32	9:00 Shabbat Service -SH 2:00 Movie Matinee w/Stan -SH 9:44 Havdalah Service -GR 7:00 <b>Movie Night - L</b> ‘Crazy Stupid Love’ (Romantic Comedy)