


April 2026: Two Neptune Programs

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Contact Information: Elaine Ross 416-785-2500 ext. 3414 Security 437-875-8746			1 Passover Begins 10:30 Choir-SH 3:30 Board & Card Games-L 	2 No Programs	3 Good Friday No Programs Shabbat Candle Lighting – 7:28	4 9:00 Shabbat Services-SH 2:00 Movie Matinee w/Stan 8:32 Havdalah Service -GR 7:00 Movie Night – L People we meet On Vacation (Romance/Comedy)
			5 Easter Sunday 2:00 Bingo - SH 7:00 Board/Card Games-L	6 10:00 Coffee Club 12:00 Meditation with David 1:00 Board & Card Games-L 1:30 Express w/colour-CAS 2:00 Exercise w/Colin - SH	7 10:00 Shopping Bus – No Frills 11:15 Balance & Stability-SH 2:00 Fun & Games w/Merle -L 5:30 Men’s Club -SH 7:00 Karaoke – L	8 No Programs
12	13	14 Holocaust Remembrance Day	15	16	17	18
11:00 Barre Exercise - SH 2:00 Bingo - SH 7:00 Board/Card Games-L	10:00 Coffee Club 1:00 Board & Card Games-L 2:00 Exercise w/Colin - SH 3:00 Guest Speaker Michael Ferman ‘The Sign that tells a Story	10:00 Holocaust Ceremony - SH 11:15 Balance & Stability-SH 1:00 Guest Speaker: Dr. Loise Topic: Cognitive Fitness in Everyday Life: Memory, Attention & Thinking Skills 3:30 Invited Speaker: Bob Bettson 7:00 Karaoke – L	10:30 Choir-SH 1:00 Therapeutic Yoga-SH 3:30 Board & Card Games-L 7:00 Yiddish Club-GR	10:00 Coffee Club 10:00 Shopping Bus – Fortino’s 2:00 Fun & Games w/Merle -L 4:00 Balance & Stability-SH 5:30 Men’s Club -SH 7:00 Bingo - L 8:00 TV Series Colombo -L	10:00 Exercise w/Colin-SH 1:00 Music Appreciation w/Charles – SH Shabbat Candle Lighting – 7:45	9:00 Shabbat Service -SH 2:00 Movie Matinee w/Stan -SH 8:50 Havdalah Service -GR 7:00 Movie Night -L “The Swedish Connection” (Drama)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19	20	21 Israel Remembrance Day	22 Israel Independence Day	23	24	25
11:00 Barre Exercise - SH 2:00 Bingo - SH 7:00 Board/Card Games-L	10:00 Coffee Club 11:00 Guest Speaker – Martin Green – SH Topic: Protecting yourself from Financial Crimes and Senior Scams 1:00 Board & Card Games-L 1:30 Express w/Colour-CAS 2:00 Exercise w/Colin-SH	10:30 ZOOM Yom Ha Zikaron Ceremony - SH 11:15 Balance & Stability-SH 2:00 Fun & Games w/Merle -L 3:00 Celebrations 7:00 Karaoke – L	10:30 Choir-SH 1:00 Therapeutic Yoga-SH 3:00 Toast to Israel -SH 3:30 Board & Card Games-L 7:00 Yiddish Club-GR	10:00 Coffee Club 10:00 Shopping Bus – Metro 2:00 Fun & Games w/Merle -L 4:00 Balance & Stability-SH 8:00 TV Series Colombo -L	10:00 Exercise w/Colin-SH 1:00 Music Appreciation w/Charles – SH Shabbat Candle Lighting – 7:53	9:00 Shabbat Service-SH 2:00 Movie Matinee w/Stan -SH 9:00 Havdalah Service-GR 7:00 Movie Night – L “Red Notice” (Action)
26	27	28	29	30	To Israel	
11:00 Barre Exercise - SH 2:00 Guest Speaker: Anne Balaban 7:00 Board/Card Games-L	10:00 Coffee Club 1:00 Board & Card Games-L 1:30 Express w/Colour-CAS 2:00 Exercise w/Colin-SH	11:15 Balance & Stability-SH 2:00 Fun & Games w/Merle - L 7:00 Karaoke – L	10:30 Choir-SH 1:00 Therapeutic Yoga-SH 3:30 Board & Card Games-L 7:00 Yiddish Club-GR	10:00 Coffee Club 10:00 Shopping Bus – No Frills 2:00 Fun & Games w/Merle -L 4:00 Balance & Stability-SH 8:00 TV Series Colombo -L	<p>A land of light, of strength, of soul. Where broken pieced still feel whole. Through every storm, you rise above- A home of hope, a heart of Love. Am Israel Chai!!</p> 