



Two Neptune Drive

A Baycrest Residential Property

JANUARY 2026

Baycrest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				NEW YEAR'S DAY 10:00 Coffee Club - L	10:00 Exercise with Colin – SH 4:34 Shabbat Candle Lighting	9:00 Shabbat Services – SH 2:00 Movie Club with Stan: TBD – SH 5:41 Havdalah Service – GR 7:00 Romantic Comedy: “The Most Beautiful Girl in the World” - L
4	5	6	7	8	9	10
11:00 Barre Exercise with Beata – SH 1:00 Sports Talk – L 2:00 Bingo - SH 7:00 Board/Card Games -L 7:00 Netflix Series: The Empress – SH	10:00 Coffee Club– L 12:00 Meditation with David– SH 1:30 Expression through Colour Art – CAS 2:00 Exercise with Colin – SH	11:15 Balance/Stability – SH 1:00 Trivia with Robert – SH 3:00 Comedy Clips Recall – SH 4:00 Rosh Chodesh Lecture with Sid - SH 7:00 Karaoke – L	10:30 Choir – SH 1:00 Therapeutic Yoga – SH 3:30 Board & Card Games – L 7:00 Yiddish Club - GR	10:00 Coffee Club – L 10:00 Shopping Bus Metro 2:00 Fun & Games With Merle - SH 4:00 Balance/Stability – SH 7:00 Guest Speaker: Professor Adrian Ciani Topic: Roman Catholicism and Palestine/Israel - SH	10:00 Exercise with Colin – SH 1:00 Music Appreciation with Charles – SH 4:41 Shabbat Candle Lighting	9:00 Shabbat Services – SH 2:00 Movie Club with Stan: TBD – SH 5:48 Havdalah Service – GR 7:00 Romantic Comedy “The Wrong Paris” - L
11	12	13	14	15	16	17
11:00 Barre Exercise with Beata - SH 1:00 Family Feud - SH 2:00 Bingo – SH 7:00 Board/Card Games -L 7:00 Netflix Series: The Empress – SH	10:00 Coffee Club– L 1:00 Board/Card Games – L 1:30 Expression through Colour Art – CAS 2:00 Exercise with Colin –SH	11:15 Balance/Stability – SH 1:00 Guest Speaker: Dr. Louise Topic: The Aging Brain: What Changes? What Stays Sharp and What Gets Better? – SH 2:00 Fun & Games With Merle – L 5:30 Men’s Club - SH 7:00 Karaoke – L	10:30 Choir – SH 1:00 Therapeutic Yoga – SH 2:00 Piano Performance: Steven Koven - SH Sponsored by Starkman’s 4:00 -6:00 Meet & Greet the Council Candidates - L 7:00 Yiddish Club - GR	10:00 Coffee Club – L 10:00 Shopping Bus No Frills 1:00 Intergenerational Program with Associated SK students – SH 2:00 Fun & Games With Merle - SH 4:00 Balance/Stability – SH 7:00 Bingo – SH 8:00: TV Series Colombo – L	10:00 Exercise with Colin – SH 1:00 Music Appreciation with Charles – SH 4:50 Shabbat Candle Lighting	9:00 Shabbat Services – SH 2:00 Movie Club with Stan: TBD – SH 5:55 Havdalah Service – GR 7:00 Documentary Movie: “Sunday Best: The Untold Story of Ed Sullivan” – L

Please turn over for more programs



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23	24
11:00 Barre Exercise with Beata - SH 1:00 You Be the Judge - SH 2:00 Bingo – SH 7:00 Board/Card Games -L 7:00 Netflix Series: The Empress – SH	10:00 Coffee Club– L 11:00 Voting for Residents’ Council & Lunch - SH 1:00 Technology Program – GR 1:00 Board/Card Games – L 1:30 Expression through Colour Art – CAS 2:00 Exercise with Colin –SH	11:15 Balance/Stability – SH 2:00 Fun & Games With Merle - L 3:00 Happy Hour – SH 7:00 Karaoke – L	10:30 Choir - SH 1:00 Therapeutic Yoga – SH 3:30 Board & Card Games – L 7:00 Yiddish Club - GR	10:00 Coffee Club – L 10:00 Shopping Bus Fortino’s 2:00 Fun & Games With Merle – SH 4:00 Balance/Stability – SH 7:00 Bingo - SH 8:00: TV Series Colombo – L	10:00 Exercise with Colin – SH 1:00 Music Appreciation with Charles – SH 4:59 Shabbat Candle Lighting	9:00 a.m. Shabbat Service - SH 2:00 Movie Club with Stan: TBD – SH 6:04 Havdalah Service – GR 7:00 Comedy Movie: “The Wrong Track” – L
25	26	27	28	29	30	31
11:00 Barre Exercise with Beata - SH 1:00 Family Feud – SH 2:00 Bingo - SH 7:00 Board/Card Games -L 7:00 Netflix Series: The Empress – SH	10:00 Coffee Club– L 1:00 Board/Card Games – L 1:30 Expression through Colour Art - CAS 2:00 Exercise with Colin –SH 7:00 Lecture with Judy: The Art of Finding our Inner Peace - SH	11:15 Balance/Stability – SH 1:00 Intergenerational Program with Associated SK students – SH 2:00 Fun & Games With Merle - SH 5:30 Men’s Club - SH 7:00 Karaoke – L	10:30 Choir - SH 1:00 Therapeutic Yoga – SH 3:30 Board & Card Games – L 7:00 Yiddish Club – GR	10:00 Coffee Club – L 10:00 Shopping Bus Metro 2:00 Fun & Games With Merle - SH 4:00 Balance/Stability – SH 7:00 Toronto Accolades (Women’s Cappella Choral Group) - SH	10:00 Exercise with Colin – SH 1:00 Music Appreciation with Charles – SH 5:08 Shabbat Candle Lighting	9:00 a.m. Shabbat Service - SH 2:00 Movie Club with Stan: TBD – SH 6:12 Havdalah Service – GR 7:00 Action Movie: “The Art of Love” – L

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