

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<i>Be grateful for small things, big things and everything In between</i>				1 9:00 Shabbat Services – SH 2:00 Movie Club with Stan: TBD – SH 6:52 Havdalah Service – GR 7:00 Thriller Movie: ‘The Woman in Cabin 10’ – L
2	3	4	5	6	7	8
Turn your clocks back! 11:00 Barre Exercise with Beata – SH 1:00 You Be the Judge – L 2:00 Bingo - L 7:00 Board/Card Games -L 7:00 Netflix Series: The Empress – SH	10:00 Coffee Talk– L 1:00 Technology Program with Shawn Kendal – GR 1:30 Expression through Colour Art m- CAS 2:00 Exercise with Colin –SH 7:00 Lecture with Judy - SH Topic: The Effect of the Changing Seasons on People	11:15 Balance/Stability – SH 1:30 Holocaust Survivor Guest Speaker: Denise Hans - SH 3:00 Name that Tune – SH 4:00 Lecture with Sid Topic: Jews of China - SH 7:00 Karaoke – L	10:30 Choir – SH 1:00 Therapeutic Yoga – SH 2:00 Guest Speaker: Judy Chodirker “Nutrition” 3:30 Board & Card Games – L 7:00 Yiddish Club - GR	10:00 Coffee Talk – L 10:00 Shopping Bus No Frills 1:00 Gentle Fit – SH 2:00 Fun & Games With Merle - SH 4:00 Balance/Stability – SH 7:00 Bingo - SH 8:00: TV Series Colombo – L	10:00 Exercise with Colin – SH 1:00 Music Appreciation with Charles – SH 4:42 Shabbat Candle Lighting	9:00 Shabbat Services – SH 2:00 Movie Club with Stan: TBD – SH 5:44 Havdalah Service – GR 7:00 Jewish Learning with Saul - GR 7:00 Romantic Comedy ‘She Said Maybe’ - L
9	10	11	12	13	14	15
11:00 Barre Exercise with Beata - SH 1:00 Family Feud - L 2:00 Bingo – L 7:00 Board/Card Games -L 7:00 Netflix Series: The Empress – SH	10:00 Coffee Talk– L 1:00 Board/Card Games – L 1:30 Expression through Colour Art - CAS 2:00 Exercise with Colin –SH	11:00 CBC- Remembrance Day Ceremony – L 11:15 Balance/Stability – SH 1:00 Intergenerational Program with Associated SK students – SH 3:00 Comedy Clips Recall – SH 5:30 Men’s Club - SH 7:00 Karaoke – L	10:30 Choir – SH 1:00 Therapeutic Yoga – SH 3:00 Falls Prevention Class – SH 3:30 Board & Card Games – L 7:00 Yiddish Club - GR	10:00 Coffee Talk – L 10:00 Shopping Bus Metro 1:00 Gentle Fit – SH 2:00 Fun & Games With Merle - SH 4:00 Balance/Stability – SH 7:00 Guest Singer: Jay Franco - SH 8:00: TV Series Colombo – L	10:00 Exercise with Colin – SH 1:00 Music Appreciation with Charles – SH 4:35 Shabbat Candle Lighting	9:00 Shabbat Services – SH 2:00 Movie Club with Stan: TBD – SH 5:37 Havdalah Service – GR 7:00 Jewish Learning with Saul - GR 7:00 Romantic Comedy ‘French Lover’ – L



Please turn over for more programs





Two Neptune Drive

NOVEMBER 2025

Baycrest

A Baycrest Residential Property

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
11:00 Barre Exercise with Beata - SH 1:00 Sports Talk - L 2:00 Bingo – L 6:30 CFL Grey Cup – L	10:00 Coffee Talk– L 1:00 Technology Program with Shawn Kendal – GR 1:00 Board/Card Games – L 1:30 Expression through Colour Art - CAS 2:00 Exercise with Colin –SH	11:15 Balance/Stability – SH 3:00 Celebration of Celebrations – SH 7:00 Karaoke – L	10:30 Choir – SH 1:00 Therapeutic Yoga – SH 3:00 Falls Prevention Class – SH 3:30 Board & Card Games – L 7:00 Yiddish Club - GR	10:00 Coffee Talk – L 10:00 Shopping Bus Fortino's 1:00 Gentle Fit – SH 2:00 Fun & Games With Merle - SH 4:00 Balance/Stability – SH 7:00 p.m. Bingo - SH 8:00: TV Series Colombo – L	10:00 Exercise with Colin – SH 1:00 Music Appreciation with Charles - SH 4:29 Shabbat Candle Lighting	9:00 a.m. Shabbat Service - SH 2:00 Movie Club with Stan: TBD – SH 5:33 Havdalah Service – GR 7:00 Jewish Learning with Saul - GR 7:00 Romantic Comedy 'Crazy Stupid Love' – L
23	24	25	26	27	28	29
11:00 Barre Exercise with Beata - SH 1:00 Family Feud – L 2:00 Bingo - SH 7:00 Board/Card Games -L 7:00 Netflix Series: The Empress – SH	10:00 Coffee Talk– L 11:00 Baycrest's Dr. Vandermorris – SH Topic: Unlocking Memory 1:00 Board/Card Games – L 1:30 Expression through Colour Art - CAS 2:00 Exercise with Colin –SH	11:15 Balance/Stability – SH 1:00 – 5:00 Covid & Flu Shot Clinic – SH 3:00 Meet & Greet – GR 5:30 Men's Club - SH 7:00 Karaoke – L	11:00 Outing to Promenade 1:00 Therapeutic Yoga - SH 3:00 Falls Prevention Class – SH 3:30 Board & Card Games – L 7:00 Yiddish Club – GR	10:00 Coffee Talk – L 10:00 Shopping Bus No Frills 1:00 Gentle Fit – SH 2:00 Fun & Games With Merle - SH 4:00 Balance/Stability – SH 7:00 p.m. Smile Theatre Performance - SH 8:00: TV Series Colombo – L	10:00 Exercise with Colin – SH 1:00 Music Appreciation with Charles - SH 4:25 Shabbat Candle Lighting	9:00 a.m. Shabbat Service - SH 2:00 Movie Club with Stan: TBD – SH 5:30 Havdalah Service – GR 7:00 Jewish Learning with Saul - GR 7:00 Romance Movie: 'Ruth & Boaz' – L
30		<u>Exciting Event coming in December</u> Two Neptune will be having our first Winter Wonderland event on Tuesday, December 16 at 2 p.m. in the Social Hall special guest singer/guitarist Mickey Lewin			Contact Information Robert Danchuk 416-789-4130 Elaine Ross. 416-785-2500 Ext. 3414. Security Desk 437-875-8746 Social Director 2neptunesocialoffice@gmail.com Marketing & Sales Coordinator eross@baycrest.org	
11:00 Exercise with Eduardo - SH 1:00 Sports Talk - L 2:00 Bingo – L 7:00 Board/Card Games -L 7:00 Netflix Series: The Empress – SH						