



Two Neptune Drive

A Baycrest Residential Property

MAY 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ROOM LEGEND</p> <p>Social Hall (SH) Ground Floor Lounge (GFL) 9th Floor Games Room (GR) 9th Floor Creative Art Studio (CAS) Courtyard (CY) Social Director's Office (SDO)</p>	<p>Personal Trainer Colin Blayney</p> <p>Please join Colin in the Gym Friday May 3, 10, 24 and 31</p> <p>Colin instructs an exercise from 10 a.m. until 11 a.m.</p>	<p>Therapeutic Yoga</p> <p>Wednesday, April 8 & 22 at 1 p.m. David will be facilitating the therapeutic yoga class this month.</p>	<p>Yom Hashoah Commemoration</p> <p>Please join us for the Holocaust Remembrance Day and tell us your memories that you wish to share.</p> <p>Monday, May 6 2 p.m. Social Hall</p>	<p>Nepune's Drama Club Presents</p> <p>A Fiddler, A Phantom & Three Singing Cats</p> <p>Tuesday, May 7 7 p.m. Social Hall</p>	<p>Shopping Bus Trips</p> <p>Thursday, May 9 Metro Thursday, May 23 No Frills</p> <p>Complimentary Concierge I will assist those residents who need help ordering groceries online. Please book appointment with Robert</p> <p>Thursday, May 2, 16 and 30 10 a.m. Social Director's Office</p>	
<p>Programs are subject to change</p> <p>Please consult the schedule on each floor by the elevator for updates</p>			1	2	3	4
			<p>11:00 Light Weight Training – SH</p> <p>12:00 Men's Club - GR</p> <p>1:00 Knitting Club – GFL</p> <p>2:00 Name That Tune – SH</p> <p>3:00 You Be the Judge - SH</p> <p>7:00 Yiddish Club – SH</p>	<p>10:00 Coffee Talk – GFL</p> <p>10:00 Complimentary Concierge – SH</p> <p>1:00 Balance/Stability - SH</p> <p>2:00 Trivia - SH</p> <p>4:00 Karaoke - GFL</p> <p>7:00 Bingo - SH</p> <p>8:00 Colombo - GFL</p>	<p>10:00 Exercises with Colin – GYM</p> <p>8:05 Shabbat Candle Lighting</p>	<p>2:00 Saturday Afternoon Musical – SH</p> <p>7:00 Drama Series: Perry Mason – GFL</p> <p>9:12 Havdalah Service – SH</p>
5	6	7	8	9	10	11
<p>1:00 Cardiofit - SH</p> <p>2:00 Bingo – SH</p> <p>7:00 Netflix Movie: To Be Announced- GFL</p>	<p>10:00 Coffee Talk - GFL</p> <p>1:00 Movement to Music - SH</p> <p>2:00 Yom Hashoah Commemoration - SH</p> <p>7:00 Figuring Skating Family Documentary & Guest Speaker Astra Burka - SH</p>	<p>11:00 Sit & Stretch – SH</p> <p>1:00 Balance/Stability – SH</p> <p>2:00 Expression Through Colour- SH</p> <p>3:00 Italy Presentation: Cuisine - GFL</p> <p>4:00 Mahjong for Beginners - GFL</p> <p>7:00 Play: A Fiddler, A Phantom & Three Singing Cats – SH</p>	<p>11:00 Light Weight Training – SH</p> <p>1:00 Therapeutic Yoga – SH</p> <p>2:00 Knitting Club – GFL</p> <p>3:00 Board/Card Games – SH</p> <p>4:00 Karaoke - GFL</p> <p>7:00 Yiddish Club - SH</p>	<p>10:00 Shopping Bus Metro</p> <p>10:00 Coffee Talk - GFL</p> <p>1:00 Balance/Stability - SH</p> <p>2:00 Comedy Clips Recall – SH</p> <p>4:00 Practicing Gratitude With Elaine - GFL</p> <p>7:00 Bingo - SH</p> <p>8:00: Colombo – GFL</p>	<p>10:00 Exercises with Colin – GYM</p> <p>8:13 Shabbat Candle Lighting</p>	<p>2:00 Saturday Afternoon Musical – SH</p> <p>7:00 Drama Series: Perry Mason – GFL</p> <p>9:22 Havdalah Service – SH</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
<p>1:00 Cardiofit - SH</p> <p>2:00 Bingo – SH</p> <p>7:00 Netflix Movie To Be Announced- GFL</p>	<p>10:00 K9, Coffee and Cookies – GFL</p> <p>1:00 Gentle Fit - SH</p> <p>2:00 Board/Card Games – SH</p> <p>3:00 Backgammon for Beginners – SH</p> <p>4:00 Rosh Chodesh Lecture with Sid – SH</p> <p>7:00 One Day University Lecture - SH</p>	<p>11:00 Sit & Stretch - SH</p> <p>1:00 Balance/Stability – SH</p> <p>2:00 Expression Through Colour- SH</p> <p>3:00 Italy Presentation: Tourist Destinations – GFL</p> <p>4:00 Mahjong for Beginners GFL</p> <p>7:00 Karaoke - GFL</p>	<p>11:00 Light Weight Training – SH</p> <p>12:00 Men’s Club - GR</p> <p>1:00 Knitting Club – GFL</p> <p>2:00 Ethical Dilemmas – SH</p> <p>3:00 You Be the Judge - SH</p> <p>7:00 Yiddish Club – SH</p>	<p>10:00 Coffee Talk – GFL</p> <p>10:00 Complimentary Concierge – SH</p> <p>1:00 Balance/Stability - SH</p> <p>2:00 Trivia – SH</p> <p>3:00 Sports Talk - SH</p> <p>4:00 Book Club – GR</p> <p>7:00 Bingo - SH</p> <p>8:00 Colombo - GFL</p>	<p>8:21 Shabbat Candle Lighting</p>	<p>2:00 Saturday Afternoon Musical – SH</p> <p>7:00 Drama Series: Perry Mason – GFL</p> <p>9:31 Havdalah Service – SH</p>
19	20	21	22	23	24	25
<p>1:00 Cardiofit - SH</p> <p>2:00 Bingo – SH</p> <p>7:00 Netflix Movie To Be Announced- GFL</p>	<p>Victoria Day No Programs Today</p>	<p>11:00 Sit & Stretch – SH</p> <p>1:00 Balance/Stability – SH</p> <p>2:00 Expression Through Colour- SH</p> <p>3:00 Italy Presentation: Tourist Destinations – GFL</p> <p>4:00 Mahjong for Beginners -GFL</p> <p>7:00 Karaoke - GFL</p> <p>Monthly Fire & Generator Testing – ALL DAY</p>	<p>11:00 Light Weight Training – SH</p> <p>1:00 Therapeutic Yoga – SH</p> <p>2:00 Knitting Club – GFL</p> <p>3:00 Technology Tutorial- SH</p>	<p>10:00 Shopping Bus No Frills</p> <p>10:00 Coffee Talk - GFL</p> <p>1:00 Balance/Stability - SH</p> <p>2:00 Trivia - SH</p> <p>3:00 Comedy Clips Recall – SH</p> <p>7:00 Bingo - SH</p> <p>8:00 Colombo - GFL</p>	<p>10:00 Exercises with Colin – GYM</p> <p>8:28 Shabbat Candle Lighting</p>	<p>2:00 Saturday Afternoon Musical – SH</p> <p>7:00 Drama Series: Perry Mason – GFL</p> <p>9:39 Havdalah Service – SH</p>
26	27	28	29	30	31	
<p>1:00 Cardiofit - SH</p> <p>2:00 Bingo – SH</p> <p>7:00 Netflix Movie To Be Announced- GFL</p>	<p>10:00 K9, Coffee and Cookies – GFL</p> <p>1:00 Gentle Fit – CY or GYM</p> <p>2:00 Board/Card Games – GR</p> <p>3:00 Backgammon for Beginners – CY</p> <p>7:00 One Day University Lecture - GR</p>	<p>11:00 Sit & Stretch – CY</p> <p>1:00 Balance/Stability – CY or GYM</p> <p>2:00 Expression Through Colour- GR</p> <p>4:00 Mahjong for Beginners -GFL</p> <p>7:00 Karaoke - GFL</p>	<p>11:00 Light Weight Training – CY or GR</p> <p>1:00 Knitting Club – GFL</p> <p>2:00 Name That Tune – GR</p> <p>3:00 You Be the Judge - CY</p> <p>7:00 Yiddish Club – GR</p>	<p>10:00 Coffee Talk – GFL</p> <p>1:00 Balance/Stability – CY or GYM</p> <p>2:00 Ethical Dilemma – GR</p> <p>3:00 Sports Talk – CY</p> <p>7:00 Bingo - GR</p> <p>8:00 Colombo – GFL</p>	<p>10:00 Exercises with Colin – GYM</p> <p>8:34 Shabbat Candle Lighting</p>	<p>Programs are subject to change</p> <p>Please consult the schedule on each floor by the elevator for updates</p>