



Two Neptune Drive

A Baycrest Residential Property

APRIL 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ROOM LEGEND</p> <p>Social Hall (SH) Ground Floor Lounge (GFL) 9th Floor Games Room (GR) 9th Floor Creative Art Studio (CAS) Off-Site (OS) Social Director's Office (SDO)</p>	<p>Personal Trainer Colin Blayney</p> <p>Please join Colin in the Gym Friday mornings</p> <p>Colin facilitates an exercise from 10 a.m. until 11 a.m.</p>	<p>Therapeutic Yoga</p> <p>Wednesday, April 3rd & 17th at 1 p.m. David will be facilitating the therapeutic yoga class this month.</p>	<p>Associated Hebrew School Intergenerational Program</p> <p>Neptune welcomes the students from the Associated Hebrew School as they entertain us with Passover songs</p> <p>Wednesday, April 3rd and 17th 4:15 p.m. Social Hall</p>	<p>Bi-Monthly Celebrations</p> <p>A celebration of special occasions that come up in the months of March and April</p> <p>Thursday April 4th 3 p.m. Social Hall</p>	<p>Shopping Bus Trips</p> <p>Thursday, April 4th Fortino's Thursday, April 18st No Frills</p> <p>Complimentary Concierge I will assist those residents who need help ordering groceries online. Please book appointment with Robert</p> <p>Thursday, April 11th and 25th 10 a.m. Social Hall</p>	<p>Smile Theatre Performance</p> <p>We welcome performers from Smile Theatre Back to Neptune</p> <p>Monday, April 8 7 p.m. Social Hall</p>
<p>Programs are subject to change Please consult the schedule on each floor by the elevator for updates</p>	<p>1</p> <p>10:00 K9, Coffee and Cookies – GFL 11:00 Peer Discussion Group with Baycrest Intern Jayden - SH 1:00 Gentle Fit - SH 2:00 Board/Card Games – SH 3:00 Backgammon for Beginners – SH 7:00 Lecture with Judy Z - SH</p>	<p>2</p> <p>1:00 Balance/Stability – SH 2:00 Expression Through Colour- SH 3:00 Holland Presentation: Music Composers - GFL 4:00 Mahjong for Beginners -SH 7:00 Karaoke – SH</p>	<p>3</p> <p>11:00 Light Weight Training – SH 1:00 Therapeutic Yoga – SH 2:00 Knitting Club – GFL 3:00 Technology Tutorial - SH 4:15 Intergenerational Program Associated Hebrew Students -SH 7:00 Yiddish Club – SH</p>	<p>4</p> <p>10:00 Shopping Bus Fortino's 10:00 Coffee Talk - GFL</p> <p>1:00 Balance/Stability - SH 3:00 Celebration of Celebrations Party - SH</p> <p>8:00: Colombo – GFL</p>	<p>5</p> <p>10:00 Exercises with Colin – GYM</p> <p>1:00 Drama Club – GR</p> <p>7:32 Shabbat Candle Lighting</p>	<p>6</p> <p>2:00 Saturday Afternoon Musical – SH</p> <p>7:00 Drama Series: Perry Mason – GFL 8:35 Havdalah Service – SH</p>
<p>7</p> <p>1:00 Cardiofit - SH 2:00 Bingo - SH</p> <p>7:00 Netflix Movie: To Be Announced- GFL</p>	<p>8</p> <p>10:00 Coffee Talk - GFL 11:00 Peer Discussion Group with Baycrest Intern Jayden - SH 1:00 Movement to Music - SH 2:00 Board/Card Games – SH 7:00 Smile Theatre Performance - SH</p>	<p>9</p> <p>10:30 Choir – SH 1:00 Balance/Stability – SH 2:00 Expression Through Colour- SH 3:00 Holland Presentation: Cuisine - GFL 4:00 Mahjong for Beginners - SH 7:00 Karaoke – SH</p>	<p>10</p> <p>11:00 Light Weight Training – SH</p> <p>12:00 Men's Club - GR 1:00 Knitting Club – GFL 2:00 Jewelry Making – SH 3:00 You Be the Judge - SH</p> <p>7:00 Yiddish Club – SH</p>	<p>11</p> <p>10:00 Coffee Talk - GFL 10:00 Complimentary Concierge – SH</p> <p>1:00 Balance/Stability – SH 2:00 Comedy Club Recall - SH 4:00 Practicing Gratitude With Elaine – GFL</p> <p>8:00: Colombo – GFL</p>	<p>12</p> <p>10:00 Exercises with Colin – GYM</p> <p>1:00 Drama Club – SH</p> <p>7:40 Shabbat Candle Lighting</p>	<p>13</p> <p>2:00 Saturday Afternoon Musical – SH</p> <p>7:00 Drama Series: Perry Mason – GFL 8:44 Havdalah Service – SH</p>




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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
<p>1:00 Cardiofit - SH 2:00 Bingo - SH</p> <p>7:00 Netflix Movie To Be Announced- GFL</p>	<p>10:00 K9, Coffee and Cookies – GFL 11:00 Peer Discussion Group with Baycrest Intern Jayden - SH</p> <p>1:00 Gentle Fit - SH 2:00 Board/Card Games – SH 3:00 Backgammon for Beginners – SH 4:00 Rosh Chodesh Lecture with Sid – SH 7:00 One Day University Lecture - SH</p>	<p>1:00 Balance/Stability – SH 2:00 Expression Through Colour- SH 3:00 Holland Presentation: Tourist Destinations – GFL 4:00 Mahjong for Beginners - SH</p> <p>7:00 Karaoke - GFL Monthly Fire & Generator Testing – ALL DAY</p>	<p>11:00 Light Weight Training – SH</p> <p>1:00 Therapeutic Yoga – SH 2:00 Knitting Club – GFL 3:00 Technology Tutorial- SH 4:15 Intergenerational Program Associated Hebrew Students -SH</p> <p>7:00 Yiddish Club - SH</p>	<p>10:00 Shopping Bus No Frills 10:00 Coffee Talk - GFL</p> <p>1:00 Balance/Stability - SH 2:00 Trivia - SH 3:00 Sports Talk - SH 4:00 Book Club - GR</p> <p>8:00 Colombo - GFL</p>	<p>10:00 Exercises with Colin – GYM</p> <p>1:00 Drama Club – SH</p> <p>7:48 Shabbat Candle Lighting</p>	<p>2:00 Saturday Afternoon Musical – SH</p> <p>7:00 Drama Series: Perry Mason – GFL 8:53 Havdalah Service – SH</p>
21	22	23	24	25	26	27
<p>1:00 Cardiofit - SH 2:00 Bingo – SH</p> <p>7:00 Netflix Movie To Be Announced- GFL</p>	<p>10:00 K9, Coffee and Cookies – GFL 11:00 Peer Discussion Group with Baycrest Intern Jayden – SH</p> <p>1:00 Movement/Music -SH 2:00 Board/Card Games – SH 3:00 Backgammon for Beginners – SH</p> <p>7:52 Passover Begins</p>	<p>First Day of Passover</p>  <p>8:57 Holiday Candle Lighting</p>	<p>Second Day of Passover</p>	<p>10:00 Coffee Talk - GFL 10:00 Complimentary Concierge – SH</p> <p>1:00 Balance/Stability – SH 2:00 Comedy Clips Recall – SH</p> <p>8:00 Colombo – GFL</p>	<p>10:00 Exercises with Colin – GYM 10:30 Choir – SH</p> <p>1:00 Drama Club – SH</p> <p>7:57 Shabbat Candle Lighting</p>	<p>2:00 Saturday Afternoon Musical – SH</p> <p>7:00 Drama Series: Perry Mason – GFL 9:03 Havdalah Service – SH</p>
28	29	30	<p>Programs are subject to change Please consult the schedule on each floor by the elevator for updates</p>			
<p>1:00 Cardiofit - SH 2:00 Bingo - SH</p> <p>7:00 Netflix Movie: To Be Announced- GFL 7:59 Passover Candle Lighting</p>	<p>7th Day of Passover</p> <p>9:05 Light Holiday Candles</p>	<p>Last Day of Passover</p> <p>9:07 Passover Ends</p>				